



Winter is a wonderful time in fashion. The style is all about rich colours, wearing your fabulous coats and boots and lots of layering. Of course, hosiery makes a comeback every winter and here are the Do's and Don'ts for this season's style.

DO

- Everyone can wear tights and stockings but consider the dimensions of your legs when choosing the style, colour and texture
- Extend your summer wardrobe by layering tights and skivvies underneath your dresses and skirts
- Wearing stockings under trousers will lift your bottom and give you a super smooth, cellulite free look
- If you've got long, lovely legs, you can choose patterned or thicker tights
- If you have thicker or short legs, go for a plain or lightly patterned tight
- Matte tights are more flattering than shiny (matte tights have more cotton and less lycra in them)
- Fishnets are flattering on almost anyone, and will update a conservative outfit
- Wool tights look best with a feminine dress. Note: They must be worn with a heel or else they can look school-girlish
- Ankle length leggings are the most flattering
- When wearing tights with boots, ensure your tights are a close colour match or in the same tone as your shoe

DON'T

- Stripes or polka dots tights are too risky – they can make your outfit appear juvenile and unsophisticated
- Don't wear cable knit or large patterned tights unless you are above average height and super-slim
- Don't wear reinforced toe stockings/tights with open toed shoes (wear toeless stockings or sheer to toe)
- If you're wearing flesh coloured stockings, don't choose a darker colour than your natural leg colour – using stockings to get a leg tan looks strange
- Don't wear fishnet stockings with short skirts – it will cheapen your outfit
- Don't wear patterned stockings with an overly patterned outfit – the look is too busy